Tip-sheet for caregivers

Communication with children and adults with severe disabilities

**WHY?**
- Develop speech
- Learn body language
- Express and understand
- Express feelings, wishes, thoughts
- Socialise
- Have fun

**HOW?**
- Get attention
- Get eye contact
- Offer choices
- Stimulate pointing or looking at
- Take turns
- Give extra time, praise, encourage
- Use facial expression and gestures
- Repeat the message
- Present ideas gradually, one thing at a time
- Talk about what is happening
- Don’t force to speak

Tip-sheet for caregivers

**HAPPENING**

- I am sweeping the floor; can you hear it?
WHAT?

- reading aloud, simple words, singing
- picture booklet
- sign language & manual alphabet
- daily objects